

FEBRUARY 2025

ELLISTON ECHO

ELLISTON COMMUNITY AND VISITOR INFORMATION CENTRE NEWS

VIEW ONLINE AT www.elliston.com.au

Email : info@elliston.com.au

Phone : 08 8687 9200

Fax : 08 8687 9240

IF YOU HAVE A COMMUNITY NOTICE OR SOME INTERESTING NEWS YOU WOULD LIKE TO SHARE WITH THE COMMUNITY, PLEASE EMAIL, FAX OR DROP INTO CENTRE BEFORE THE 26TH OF THE MONTH

WHAT'S ON IN FEBRUARY!

The school term has begun and most people are back to work again, we hope that everyone had a enjoyable break and are ready to get back into the swing of regular routines again.

Coming up at the Lock Racetrack on Sunday 9 February are the annual Lock Races. There are fashions on the field as well as the races. Gates are open from 11am.

Several opportunities to have your say across several projects are available during this month - Northern Eyre Health Care Project and the Flinders Island Safe Haven Project - details further in the newsletter.

SAVE THE DATE

9 FEBRUARY - ANNUAL LOCK RACES

OPENING HOURS

Monday - Friday	9.00am - 5.00pm
Saturday - Sunday	9.30am - 1.00pm
Closed for Lunch Mon-Fri	12.30pm - 1.30pm

VOLUNTEER SPOTLIGHT

KAREN DOLPHIN



What inspired you to become a volunteer with us?

I love inspiring visitors about what is available to see and do in our district and meeting lots of different people.

What do you enjoy doing in your spare time?

I don't get a lot of spare time but when I do I enjoy walking and watching t.v.

What is something you're really proud of achieving?

Saving enough money to buy my own home outright before I turned 30.

Do you have any favourite quotes or sayings that resonate with you?

Treat people how you would like to be treated.

Where is your favourite place to visit in our region?

I love all of Elliston and its surrounding coastline



Facebook Pages - Elliston Community & Visitor Information Centre
- Australian Salmon Fishing Championship - Elliston

Facebook Group - Elliston Markets



Instagram - @elliston.sa



**Services
Australia**
Access Point



ELLISTON
Community & Visitor
Information Centre

COMMUNITY NEWS

THE RED WATTLEBIRD

The Elliston Branch, SACWA, are pleased to present the red wattle bird, noisy birds, producing a range of raucous calls. Pairs of birds appear to duet, particularly at food sources, with the male producing a loud cackle and the female a whistling call.

Many would be aware of the loud and raucous calls of the red wattlebird and its territorial behaviour. You can quite clearly in the near distance of the golf course hear the calls of 'yak-yak-yak, or a loud coughing 'kwok'".

The Red Wattlebird is a large honeyeater with distinctive red wattles hanging from its cheeks. Its plumage is primarily grey-brown, with a streaked chest and prominent white patches on the wings and tail. Both sexes look similar, with juveniles having smaller wattles and duller plumage. The bird's size and wattles become more pronounced as it matures.

Red Wattlebirds are endemic to Australia and are found across the southern and eastern parts of the continent. They inhabit a variety of woodland environments, including eucalyptus forests, coastal heathlands, and urban parks. They particularly feed on Eucalyptus, banksia and callistemon in community gardens. Plant some, and you will be assured of guests. Wattlebirds feed on nectar, which they obtain by probing flowers with its thin curved bill. Some insects are also eaten, taken either from foliage or caught in mid-air. Berries and the honeydew produced by some insects add to the bird's diet.

Many scientific bird names describe a bird's habits, habitat, distribution or a plumage feature, while others are named after their discoverers or in honour of prominent ornithologists.

In Aboriginal Australia, when linguists were building a dictionary for a language and compiling names for different types of birds, it was possible to record three things: the bird name, a word that represents its call, and a customary imitation of its call. Aboriginal languages are rich in onomatopoeic (sounding like the calls they make) bird names. In the Barngarla language of lower Eyre Peninsula, the term ngarkarko for species of the red wattlebird, due to the similarity with its call.

The local people of Denial Bay north of Ceduna call it noggal, and the Ngarrindjeri people of the Lower lakes and Murray region know it as runghan.

The red wattlebird was first described in 1790, by naturalist John White. It's classification is as follows: Genus: Anthochaera from ancient Greek - Anthos meaning flower and bloom, and khairo meaning enjoy. Species name: caruncula, Latin for a small piece of flesh Anthochaera is a genus of birds in the honeyeater family, and includes the little wattlebird, the red wattlebird, the western wattlebird, and the yellow wattlebird.

Caruncles are sometimes secondary sexual characteristics, having a more intense colour or even a different colour, developing as the male reaches sexual maturity.

Caruncles are also ornamental elements used by males to attract females to breeding. Having large caruncles or colourfully bright ones indicates high levels of testosterone, that they are well-fed birds able to elude other predators thus showing the good quality of their genes. Many species from a variety of families have caruncles, including: pheasants, roosters and turkeys, falcons, eagles, cassowaries, ibises and spoonbills, lapwings, swans, ducks and geese, cuckoos, cockatoos, parrots and honeyeaters. If you google caruncles you can discover the range of features in the birds listed above.

Common names of the red wattlebird include gillbird, gilly warbler and barking bird.



Reference group: C O'Neil, I & D Penna, G. Fieldhouse, I. Quinn (EP Landscape Board), J. Rossi, Co-ordinator S Fieldhouse. Feedback or comments welcome: gally3@bigpond.com

ELLISTON CAMERA CLUB

Sunset on
Elliston
Jetty

Photo by
Edwina
Potter



LOCAL BUSINESS NEWS & UPDATES

WHAT DO YOU WANT TO SEE IN THE ECHO?



We want the Echo to continue to be a newsletter that's relevant to the community. We are seeking your thoughts on what would be useful information for you that we could include in the newsletter. One idea we are looking into is expanding its reach to include all the communities within the whole of the District Council of Elliston, not just Elliston. If you have any new ideas or thoughts on the current format please send them via email to info@elliston.com.au or drop us in a note.

Skin Checks

Are you interested in getting a skin check? Mid-Eyre Medical-Elliston is looking to develop a program if they get enough interest from the community. Please contact them on 8687 9110 to make known your interest.

Blood Pressure Monitor

Have you borrowed a blood pressure monitor from Mid-Eyre Medical - Elliston but forgotten to return it? They would appreciate it back please. Thank you.

BreastScreen SA's Mobile Screening Unit is visiting Port Lincoln from late October 2024 to early March 2025



We're inviting all women aged over 40, especially 50 to 74 years, to come along for their 2-yearly screening mammogram (breast X-ray).

- It's FREE and quick – it can take as little as 15 minutes
- You can make a booking with a friend, family member or group
- It's the best way of detecting breast cancer early (before symptoms start to show), giving you a greater chance of successful treatment.

Book online at www.breastscreen.sa.gov.au or call 13 20 50

Book now!

Scan QR code or visit breastscreen.sa.gov.au



You'll find us in the car park behind the Arteyrea Workshop
25 Mortlock Terrace, Port Lincoln



Breast
Screen
SA



Government
of South Australia
SA Health

COMMUNITY NEWS

AUSTRALIA DAY COMMUNITY EVENT 2025

On Sunday, 26 January 2025, local community members as well as visiting tourists gathered at the Elliston Parklands to celebrate Australia Day and being part of our local community. It was an extremely hot day however a large crowd still attended to congratulate the Australia Day recipients, puruse the market stalls and take advantage of the range of food stalls for a picnic lunch.

Mayor Andrew McLeod opened the formalities and presented the Citizen of the Year Award to Sharon Sibenaler and Community Event of the Year Award to the Lock Christmas Tree and Street Party committee. Music from the Rebecca Coleman Duo featuring Jonny Murray followed and later in the afternoon, The Cookie Farmers provided more live music.

A number of market stalls offered attendees a variety of products they could purchase and were very popular as was the selection of food and drink offerings encouraging a picnic feel to the day.

Children took advantage of the Face Painting that was on offer and the keen ones took part in the Egg & Spoon Race and Treasure Hunt.

Locals also made most of the opportunity to put forward ideas for the Elliston Town Centre Revitalisation and the Port Kenny & Venus Bay Master Plan.

It was a great day out, a chance to all come together and celebrate the recipients of the Australia Day awards, to chat with each other, listen to live music while also doing some shopping.



LOCAL BUSINESS NEWS & UPDATES

CATHOLIC CHURCH AT ELLISTON

FEBRUARY 2025

Sunday 2nd	11am
Saturday 8th	9am
Sunday 16th	11am
Saturday 2nd	9am

CHILDREN'S ACTIVITIES

Keep your eye out on the ECVIC socials for up and coming children's activities.



ELLISTON MEN'S SHED

Open for morning chat, tea and coffee.
9-11am Monday, Tuesday, Wednesday and Thursday.

Also available at the shed

Key Cutting Service

Knife and Scissor Sharpening

The Men's Shed Group meets for committee meetings on the second Thursday of the month at 9.30am. **ALL WELCOME**



ELLISTON CWA

Next meeting for Elliston SACWA is scheduled for Thursday February 13th. Cuppa at 10.30am for 11am start. Held in our building on Memorial Drive.

Handicraft on Tuesday 18th February.

All welcome.



ELLISTON COMMUNITY HEALTH CENTRE OPENING HOURS

Monday to Friday

08.30AM – 04.30PM.

PHONE: 08 8687 9012

FAX: 08 8687 9341

MID EYRE MEDICAL OPENING HOURS

Monday to Wednesday

09.00AM – 05.00PM

PHONE: 08 8687 9110

FAX: 08 8687 9318

ALLIED HEALTH CLINIC DATES

Social Work – 7th Jan 25

Physiotherapy – 13th & 16th Jan 25

Podiatry– 13th Jan 25

OT – 28th Jan 25

Dietetics- 28th Jan 25

Speech Therapy – No Clinic

*Urgent referrals maybe reviewed via telehealth or phone

To get a referral for an appointment contact

Ayunda – Mon to Fri

08.30AM – 04.30PM

08 8687 9012

COMMUNITY NURSE

Elliston, Wudinna and Lock

JESS BASCOMB

Phone: 0428576670

Monday to Friday

8.00AM – 4.30PM

DIABETES EDUCATOR

ASHLEE STRINGER

Tuesday and Thursday

8.30AM – 4.30PM

ADDITIONAL INFO

- Eyre Eye Centre visiting Elliston - 5th March, 4th June, 10th Sept.
- Dr Zieks – Cardiologist visiting Wudinna in February 2025 date TBC.
- Independent hearing visiting Wudinna 22nd Jan
- Eyre Eye Centre visiting Wudinna 11th Feb.

COMMUNITY NEWS

COMMUNITY CONSULTATION

Elliston and districts

you are invited to engage with a new project - consultation coming to your town in 2025



Northern Eyre Health Care

A project by the Northern Eyre Peninsula Health Alliance



Be involved and stay informed

www.bit.ly/northerneyrehc



Northern Eyre Health Care Project

Northern Eyre Health Care is an innovative pilot project aiming to improve access to the wide range of healthcare services in and around Elliston, and the wider region.

The project's scope involves primary health care - your first point of contact with the health system, such as a GP, nurse, allied health or mental health professional.

However, in considering the healthcare needs, the project will take into account connections between other levels of healthcare, including secondary care - from specialists you might be referred on to, and tertiary care - in a hospital setting.

Why is my input needed?

Healthcare service providers and community organisations are working together to design a service delivery model that will support the health and wellbeing of residents. To develop the best plan, they need to understand your experiences and needs.

Hard copies of surveys are available at Mid Eyre Medical Elliston, Elliston Community & Visitor Information Centre, District Council of Elliston office and online at <https://yoursay.sa.gov.au/elliston-have-your-say>.

The project team will be visiting Elliston on **Thursday 13 February**, setting up a listening post in front of the Elliston Friendly Grocer between **11am and 1pm**. You can drop by to learn more about the project, provide feedback on local healthcare services and have your say via the project survey.

The community and stakeholder feedback will contribute to co-design of a suitable model of healthcare delivery to the region, which will be trialled over 2026-2027.



6th & 11th FEBRUARY

ELLISTON OFFICE OPEN FOR A DROP IN AND CHAT ABOUT FLINDERS ISLAND 10:30AM- 3PM

14/02 FRIDAY

HAVE YOUR SAY ON THE REVIEW AND AMENDMENT OF THE EP WATER ALLOCATION PLAN FOR THE SOUTHERN BASINS AND MUSGRAVE PRESCRIBED WELLS AREAS. CLOSES FEBRUARY 14.

[HTTPS://YOURSAY.SA.GOV.AU/EP-WAP-REVISION](https://yoursay.sa.gov.au/ep-wap-revision)

Any time

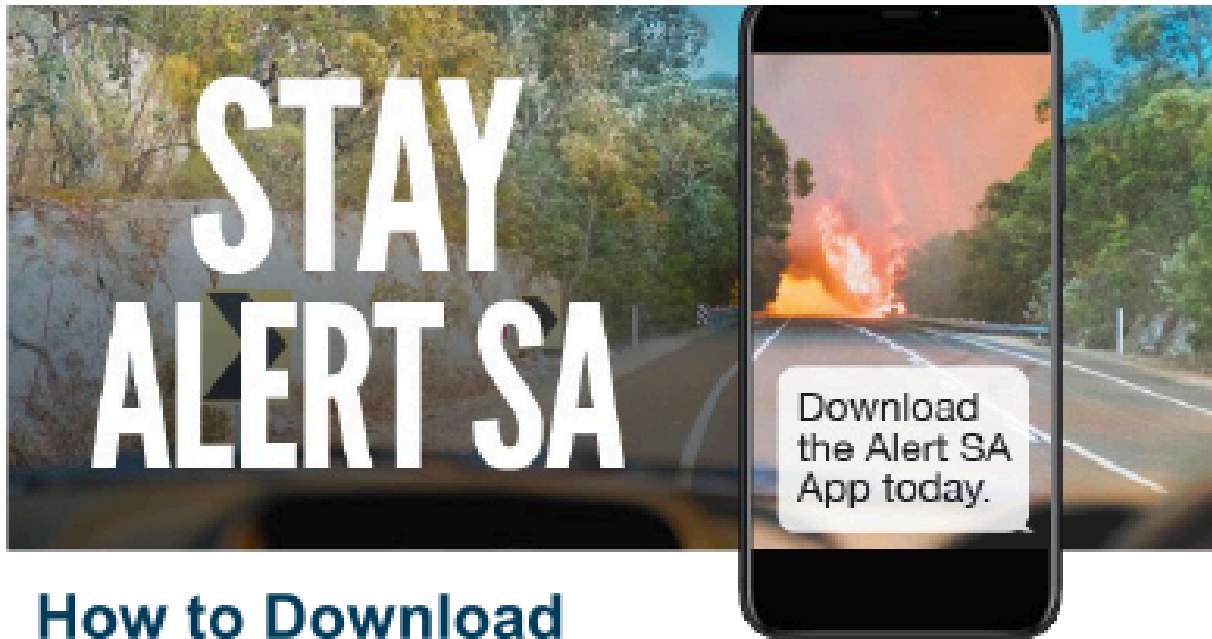


GET INVOLVED IN OUR CITIZEN SCIENCE PROGRAMS!

MALLEEFOWL * PIX STIX * EP KING TIDES
KOALAS * ECHIDNAS * ICONIC BIRDS * GOANNAS

WWW.LANDSCAPE.SA.GOV.AU/EP/CITIZENSCIENCE

COMMUNITY NEWS

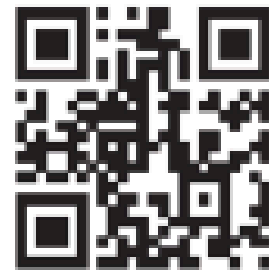


How to Download

The app is available for free download from the app store (Android and Apple).

Visit the Apple App Store or Google Play Store and search for 'Alert SA'. Follow the download prompts. The app does not require a sign up or log in.

Once downloaded, you should check push notifications are enabled in your phone settings and review your notification preferences.

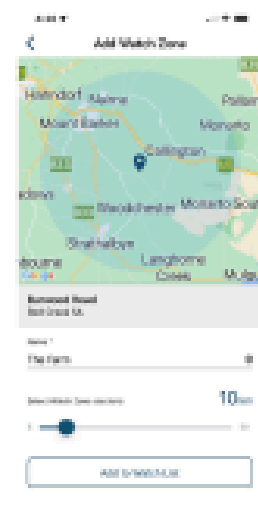


Creating Watch Zones

To receive notifications, a Watch Zone needs to be created. To do this, follow the below steps:

- Select 'My Watch Zones' in the bar menu then select 'Add new Watch Zone'.
- Drop a pin on the map at your selected location or tap the search button to enter an address.
- Add a name for your watch zone and adjust the radius to the desired distance.
- Select 'Create Watch Zone' or 'Add to Watch List' **Depending on device type*

You can create up to 10 watch zones at any one time.



Government of South Australia
South Australian Fire and
Emergency Services Commissioner



WHAT'S ON THIS MONTH

FEBRUARY CALENDAR

Mon

Tue

Wed

Thu

Fri

Sat

Sun

					<p>1 Elliston Transfer Station 10am-12noon</p>	<p>2 Catholic Church 11am 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>3 RED BINS</p>	<p>4</p>	<p>5 Elliston Transfer Station 10am-12noon</p>	<p>6</p>	<p>7 YELLOW BINS</p>	<p>8 Catholic Church 9am</p>	<p>9 Lock Races 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>10 RED BINS</p>	<p>11</p>	<p>12 Elliston Transfer Station 10am-12noon 10c bottle Recycling Venus Bay General Store 11am-3pm</p>	<p>13 CWA meeting 11am Northern Eyre Health Care Listening Post 11am-1pm</p>	<p>14 Flinders Island Safe Haven Drop In Session 10:30am-3pm</p>	<p>15</p>	<p>16 Catholic Church 11am 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>17 RED BINS</p>	<p>18 Council Meeting</p>	<p>19 Elliston Transfer Station 10am-12noon</p>	<p>20</p>	<p>21 YELLOW BINS</p>	<p>22 Catholic Church 9am</p>	<p>23 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>24 RED BINS</p>	<p>25</p>	<p>26 Elliston Transfer Station 10am-12noon</p>	<p>27</p>	<p>28</p>		