

JANUARY 2025

ELLISTON ECHO

ELLISTON COMMUNITY AND VISITOR INFORMATION CENTRE NEWS

VIEW ONLINE AT www.elliston.com.au

Email : info@elliston.com.au

Phone : 08 8687 9200

Fax : 08 8687 9240

IF YOU HAVE A COMMUNITY NOTICE OR SOME INTERESTING NEWS YOU WOULD LIKE TO SHARE WITH THE COMMUNITY, PLEASE EMAIL, FAX OR DROP INTO CENTRE BEFORE THE 26TH OF THE MONTH

WHAT'S ON IN JANUARY!

We hope that you have had a lovely festive season and enjoying a holiday break.

The Venus Bay Annual Anglers Classic, Saturday 18 January, is shaping up for a great day with registration for the competition from 8am and weigh in between 3-5pm. There is a treasure hunt and a sandcastle competition also so grab your fishing gear or a spot on the beach for a chance to win.

This month we also have the Australia Day Community Event in the Elliston Parklands on 26 January. It should be a fun filled day with markets, children's activities, food and music. We will be celebrating the Citizen of the Year - Sharon Sibenaler and the Community Event of the Year - Lock Christmas Tree & Street Party.

SAVE THE DATE

18TH JANUARY - VENUS BAY ANNUAL ANGLERS CLASSIC

26TH JANUARY - AUSTRALIA DAY COMMUNITY EVENT

30TH JANUARY - COMMUNITY INFORMATION SESSION ABOUT FLINDERS ISLAND SAFE HAVEN PROJECT

OPENING HOURS

| | |
|---------------------------------|-------------------------|
| Monday - Friday | 9.00am - 5.00pm |
| Saturday - Sunday | 9.30am - 1.00pm |
| Closed for Lunch Mon-Fri | 12.30pm - 1.30pm |

VOLUNTEER SPOTLIGHT

CAIT WAIT



What inspired you to become a volunteer with us?

The natural beauty of the place and my friends who have lived here inspired me to come and live in Elliston 5 years ago. At their suggestion and an opportunity to "give back" to the community I became a volunteer at the ECVIC.

What do you enjoy doing with your time?

My time is spent painting, reading, and roaming around the beaches and coastline.

What is something you're really proud of achieving?

I'm proud of establishing Keringke Arts at Ltyentye Apurte (Santa Teresa) in Central Australia, with the Arrernte people. I'm proud of living a full life.

Where is your favourite place to visit?

Wherever my friends live is my favourite place. I love to visit them anywhere in Australia or overseas, when I can.



Facebook Pages - Elliston Community & Visitor Information Centre
- Australian Salmon Fishing Championship - Elliston

Facebook Group - Elliston Markets



Instagram - @elliston.sa



Services Australia
Access Point



COMMUNITY NEWS

AS WET AS A SHAG?

The Elliston Branch of the SACWA Inc. start the new year bird series with a common species many will recognise. However their adaptations are quite unique.

Cormorants (or shags) can be confusing to identify. Four have an extensive range over much of the continent and their ranges overlap on the mainland. Three of the five are black and white and two of the five are black, and if you throw the Australasian Darter into the mix (a bird sometimes confused with a cormorant), it is black and white for the female and black for the male. The most common species are the pied cormorant, residents of this coastline, and commonly seen on the rocky outcrop at Anxious Bay and the Esplanade.

The Australian Pied Cormorant is predominantly black on its back and upper surface of the wings and white on the underside. It has a small yellow patch between the bill and the eye on each side of the head. It stands between 65-85 cm tall, with a wingspan of 110-130 cm. It has a long, substantial bill that is described as “horn” coloured or “off white”. Their hooked beaks have a sharp nail like tip that can grip slippery fish. It is an expert fisherman and primarily feeds on benthic (bottom dwelling) fish, crustaceans, molluscs, and cephalopods. The bird captures its prey by diving and swimming underwater, using its large webbed feet for propulsion. It has special muscles in their feet which enables them to spread their toes wide underwater, turning them into powerful flippers. Its agile movements underwater enable it to snatch fish with precision and efficiency.

After a successful fishing session, it can often be observed perched on a branch or rock with its wings outstretched. This behaviour serves an important purpose – the cormorant’s feathers are not waterproof, as this helps them hunt more effectively by reducing buoyancy. So by holding its wings open, it allows them to dry effectively. The wing drying pose doubles as a method of digesting large meals- the sun warming position helps increase their body temperature to aid digestion.

It is equally comfortable feeding in shallow, still water as well as in rapidly moving currents. It capitalizes on both environments depending on the availability of prey. Whether hunting individually or in larger groups, the pied cormorant exhibits impressive diving skills and foraging techniques, particularly when schools of small fish are abundant.

Seabirds that dive underwater have particularly dense feathers, which also helps water from penetrating through the feathers to the bird’s body.

Unlike most diving birds, cormorants swim using only their feet, keeping the wings tucked tight against the body. Bird feathers aren’t naturally waterproof but birds can make them water resistant by applying waxes from their preen glands. Birds need to groom its feathers: they will alternately rub its head against the base of its tail, and against its other feathers. It is depositing waxy, water-resistant oils found in the preen gland (at the tail base) onto the other feathers.

Birds also have a dusty powder in their feathers. This powder comes from special feathers called “powderdowns”, which are constantly disintegrating into waterproof powder. This powder adds water-resistant quality of feathers. It is essential for birds like ducks and swans to constantly preen their feathers to keep them in good shape, and to keep distributing these waterproof oils and powders.

Underwater acrobats; Cormorants can dive to depths of up to 45m, and can achieve speeds of 4.3m/sec, making them one of the most agile aquatic hunters.

Their bones are denser than most birds, helping them stay submerged while hunting. They can slow their heart rate from 220 beats per minute to just 20 bpm during deep dives, conserving oxygen. Some species work together in groups to herd fish into shallow waters, displaying co-operative hunting skills.



Reference group: C. O’ Neil, D. & I. Penna, I. Quinn, G. Fieldhouse, J. Rossi, Co-ordinator S Fieldhouse. Any comments or feedback welcome: gally3@bigpond.com

ELLISTON CAMERA CLUB



In April 2024 the Elliston Camera Club visited Mt. Ive Station for a weekend of photography. A fantastic station stay at our back door.

Photos by Marie Clark



LOCAL BUSINESS NEWS & UPDATES

WHAT DO YOU WANT TO SEE IN THE ECHO?



We want the Echo to continue to be a newsletter that's relevant to the community. We are seeking your thoughts on what would be useful information for you that we could include in the newsletter. One idea we are looking into is expanding its reach to include all the communities within the whole of the District Council of Elliston, not just Elliston. If you have any new ideas or thoughts on the current format please send them via email to info@elliston.com.au or drop us in a note.



Business/office hours for enquiries that don't require immediate police attendance - 86879006 (This number diverts to Pt Lincoln on days off or out of mobile range) Requires police attendance - 131444 Emergency - 000

The Elliston Camera Club 2025 calendar is for sale at the Elliston Post Office.



BreastScreen SA's Mobile Screening Unit is visiting Port Lincoln from late October 2024 to early March 2025

Caring for women from ocean to outback

Port Lincoln

We're inviting all women aged over 40, especially 50 to 74 years, to come along for their 2-yearly screening mammogram (breast X-ray).

- It's FREE and quick – it can take as little as 15 minutes
- You can make a booking with a friend, family member or group
- It's the best way of detecting breast cancer early (before symptoms start to show), giving you a greater chance of successful treatment.

Book online at www.breastscreen.sa.gov.au or call 13 20 50

Book now!
Scan QR code or visit breastscreen.sa.gov.au

You'll find us in the car park behind the Arteyrea Workshop
25 Mortlock Terrace, Port Lincoln

Breast Screen SA
Government of South Australia
SA Health

COMMUNITY NEWS

THE 2024 ELLISTON COMMUNITY CHRISTMAS PARTY

The Elliston Community Christmas Party was held at the Elliston Parklands on Friday 13 December. It was well attended with a number of families coming down for the evening. Santa rode in on the CFS truck with an SA Police escort. Children were able to have their photos taken with him. Angus's Eyre Fire pizza's were a hit and the kids enjoyed BBQ sausages as well.



On the 25th of June 2024, Louella Weetra was born at WCH with a cleft pallet, small airways, and moderate hearing loss, as her ears have not fully developed due to a condition known as Treacher Collins Syndrome.

At 2 weeks old, Louella needed a tracheostomy to assist with breathing difficulties caused by her small airways. It is unknown how long she will require the tracheostomy.

Louella spent her first 3 months in hospital and is now a happy, thriving 5-month-old, with a long journey ahead of her. She requires night nurses, as she needs to be monitored 24/7 due to her tracheostomy care. Her family are relocating to Adelaide for 12+ months to access essential services for her ongoing medical needs.

If you would like to contribute financially towards the purchase of a portable suction machine and oximeter, the unexpected relocation costs of setting up a home in Adelaide, and Louella's ongoing medical appointments and future medical procedures

A bank account has been set up for funds to go towards these costs.

Louella Weetra

BSB: 062948

Account number: 44185021

Tracy and Shannon are forever grateful for all the love and support that family and friends have given so far on this journey.

Treacher Collins Syndrome is a rare condition that affects the development of bones and other tissues of the face. The signs and symptoms of this syndrome vary greatly, ranging from almost unnoticeable to severe. Most affected individuals have underdeveloped facial bones, particularly the cheek bones, and a very small jaw and chin. This condition is also characterised by absent, small, or unusually formed ears and half have hearing loss. This condition affects an estimated 1 in 50,000 people.

Organised by Tara Waters

LOCAL BUSINESS NEWS & UPDATES

CATHOLIC CHURCH AT ELLISTON

JANUARY 2025

| | |
|---------------|----------------|
| Sunday 5th | 11am cancelled |
| Saturday 11th | 9am |
| Sunday 19th | 11am |
| Saturday 25th | 9am |

CHILDREN'S ACTIVITIES

Keep your eye out on the ECVIC socials for up and coming children's activities.



ELLISTON MEN'S SHED

Open for morning chat, tea and coffee.
9-11am Monday, Tuesday, Wednesday and Thursday.

Also available at the shed

Key Cutting Service

Knife and Scissor Sharpening

The Men's Shed Group meets for committee meetings on the second Thursday of the month at 9.30am. **ALL WELCOME**



ELLISTON CWA

Elliston Branch SACWA wish everyone a successful year in 2025.

We shall be celebrating Australia Day by having a stall in our grounds on January 26th.

Our next meeting is scheduled for Thursday February 13th at 10.30 cuppa for 11am start. Visitors welcome. Vicki Hull can be contacted on 0428 109 476 for information.



ELLISTON COMMUNITY HEALTH CENTRE OPENING HOURS

Monday to Friday

08.30AM – 04.30PM.

PHONE: 08 8687 9012

FAX: 08 8687 9341

MID EYRE MEDICAL OPENING HOURS

Monday to Wednesday

09.00AM – 05.00PM

PHONE: 08 8687 9110

FAX: 08 8687 9318

ALLIED HEALTH CLINIC DATES

Social Work – 7th Jan 25

Physiotherapy – 13th & 16th Jan 25

Podiatry– 13th Jan 25

OT – 28th Jan 25

Dietetics- 28th Jan 25

Speech Therapy – No Clinic

*Urgent referrals maybe reviewed via telehealth or phone

To get a referral for an appointment contact

Ayunda – Mon to Fri

08.30AM – 04.30PM

08 8687 9012

COMMUNITY NURSE

Elliston, Wudinna and Lock

JESS BASCOMB

Phone: 0428576670

Monday to Friday

8.00AM – 4.30PM

DIABETES EDUCATOR

ASHLEE STRINGER

Tuesday and Thursday

8.30AM – 4.30PM

ADDITIONAL INFO

- Eyre Eye Centre visiting Elliston - 5th March, 4th June, 10th Sept.
- Dr Zieks – Cardiologist visiting Wudinna in February 2025 date TBC.
- Independent hearing visiting Wudinna 22nd Jan
- Eyre Eye Centre visiting Wudinna 11th Feb.

UPCOMING EVENTS



Flinders Island Safe Haven South Australia



ELLISTON COMMUNITY INFORMATION SESSION

30TH JANUARY 2025
ELLISTON SPORTS COMPLEX
6:00PM - 7:00PM

INFORMATION SESSION WILL INCLUDE:

- OVERVIEW OF THE FLINDERS ISLAND SAFE HAVEN PROJECT
- TIMELINE OF THE PROJECT
- HOW IT WILL IMPACT THE COMMUNITY
- HOW YOU CAN BE INVOLVED
- WHO TO CONTACT FOR MORE INFORMATION

IF YOU CANT MAKE IT BUT WANT TO KNOW MORE, GET IN TOUCH:
JONAS WOOLFORD - 0419280577
PROJECT MANAGER: LIZ MCTAGGART - 0437297992
EYRE PENINSULA LANDSCAPE BOARD: GEMMA BAWDEN - 0409849820



Australia Day COMMUNITY EVENT



When? Note the change in time!

11AM - 5PM
Sunday 26 January 2025

ELLISTON PARKLANDS


JOIN US TO CELEBRATE



A fun-filled day featuring award presentations, delicious food, vibrant markets, free kids' activities, and entertainment.

COMMUNITY CONSULTATION

ELLISTON TOWN CENTRE REVITALISATION



Elliston Markets
26 January 2025
11am - 5 pm

The District Council of Elliston is working with Kangaroo Island-based design studio LINEA to create a more accessible, attractive and greener public space that includes the RSL building, footpaths and proposed intersection upgrades around the town centre and parklands at Memorial Drive and Beach Terrace.

We want to hear your ideas and vision for Elliston's town centre so come along to our community drop-in session on 26 January 2025.

HOW CAN I CONTRIBUTE TO THE DESIGN?

The first opportunity for stakeholders to share their ideas will be at the Elliston Markets (26 January 2025).

Further opportunities for feedback to the design will include a drop-in session on site in March/April (dates and location to be confirmed), as well as an online format to provide feedback to the design.

Stay up to date with Council's Facebook page and the Elliston Echo for more information.

WHAT'S ON THIS MONTH

JANUARY CALENDAR

Mon

Tue

Wed

Thu

Fri

Sat

Sun

| | | | | | | |
|--|--------------------------|----|----|----------------------|------------------------------|---|
| | | 1 | 2 | 3 | 4 | 5 Pt Kenny Markets 9am-2pm |
| 6 RED BINS | 7 | 8 | 9 | 10 YELLOW BINS | 11 Catholic Church 9am | 12 |
| 13 RED BINS | 14 | 15 | 16 | 17 | 18 | 19 Catholic Church 11am |
| 20 RED BINS | 21 Council Meeting | 22 | 23 | 24 YELLOW BINS | 25 Catholic Church 9am | 26 Australia Day Community Event |
| 27 RED BINS Australia Day Public Holiday | 28 | 29 | 30 | 31 | | |