

MARCH 2025

ELLISTON ECHO



ELLISTON COMMUNITY AND VISITOR INFORMATION CENTRE NEWS

VIEW ONLINE AT www.elliston.com.au

Email : info@elliston.com.au

Phone : 08 8687 9200

Fax : 08 8687 9240

IF YOU HAVE A COMMUNITY NOTICE OR SOME INTERESTING NEWS YOU WOULD LIKE TO SHARE WITH THE COMMUNITY, PLEASE EMAIL, FAX OR DROP INTO CENTRE BEFORE THE 26TH OF THE MONTH

WHAT'S ON IN MARCH!

The Elliston Camera Club is having a photo exhibition in the Elliston Hall from 7 March to showcase their photographs from a visit to Mt Ive's Station.

A Boat Licence course is being offered at the Elliston Sports Centre at 5.30pm on Monday March 24th. Details will be provided on social media or in noticeboards around town soon.

The Eyre Peninsula Landscape Board are offering another Community Information Session regarding the Flinders Island Safe Haven project. Drop-in sessions are also offered in the Elliston EP Landscape Office at the ECVIC. Details for both are on page 3.

SAVE THE DATE

7 MARCH - ELLISTON CAMERA CLUB PHOTO EXHIBITION

24 MARCH - BOAT LICENCE COURSE

25 MARCH - FLINDERS ISLAND SAFE HAVEN PROJECT COMMUNITY INFORMATION SESSION

OPENING HOURS

Monday - Friday	9.00am - 5.00pm
Saturday - Sunday	9.30am - 1.00pm
Closed for Lunch Mon-Fri	12.30pm - 1.30pm

KIMBERLY DOLPHIN



VOLUNTEER SPOTLIGHT

What inspired you to become a volunteer with us?

My Mum volunteers here and I used to help her and that got me interested in the role.

What do you enjoy doing in your spare time?

I enjoy playing the piano and hanging out with my friends which makes me happy.

What is something you're really proud of achieving?

Completing my TAFE course.

Do you have any favourite quotes or sayings that resonate with you?

"I'm going to do it!"

Where is your favourite place to visit in our region?

The Bakery in Elliston.



Facebook Pages - Elliston Community & Visitor Information Centre
- Australian Salmon Fishing Championship - Elliston

Facebook Group - Elliston Markets



Instagram - @elliston.sa



Services Australia
Access Point



ELLISTON
Community & Visitor Information Centre

COMMUNITY NEWS

THE EASTERN OSPREY - PART ONE

The Bird reference group, operating under the Elliston Branch, SACWA Inc, have been working for over a year, presenting articles of interest related to birds from this district. This month, it has been member Ian Quinn's turn to select a species special to him. He has chosen the Eastern Osprey. This article is being spread over two months and this is part one.

The Eastern Osprey is a very rare raptor which is almost exclusively a fish-eater but occasionally they take other birds, crustaceans, reptiles and small mammals, and sometimes they extract molluscs from their shells.

Ospreys are uncommon in South Australia and classified as endangered. They are found along the isolated stretches of cliffs of the Great Australian Bight to Ceduna, along the west coast and southern tip of Eyre Peninsula, the southern tip of the Yorke Peninsula and around the coast of Kangaroo Island. They are absent from the gulfs, the Fleurieu Peninsula, the coast off the Coorong, and the coasts of the South-east.

Believe you have spotted an eastern osprey around Elliston?

If you are in the Elliston area and believe you have observed an osprey with binoculars or scope, it is important that you have correctly identified the species, as we encourage observers to report their findings to the Friends of Osprey co-ordinator. Refer to the photographs supplied by Fran Solly based in Pt Lincoln.

A short identification summary:

The plumage is dark brown on the upper surfaces, and pale at the head and lower parts. The throat is white, a black line extends from this through the eye to a dark patch around the ear, demarcating this from the pale colour at the head. When not in flight, the feathers at the crown form a small crest. The breast is dappled with brownish patches, lacing below the neck, this is darker and more strongly banded in the female. The female of the species also tends to be larger. Bill is black, legs are light grey/ white.

In flight, the eastern osprey has bowed wings with narrow primary feathers that are angled and separate, giving a fingered appearance to the observer below. The eyes are set toward the front of the head, which along with the neck is proportionally small. The species swivels and cranes its neck while observing its surroundings in a curious and characteristic manner.

Behaviour:

Ospreys have vision that is well adapted to detecting underwater objects from the air. Prey is first sighted when the osprey is 10 to 40 metres above the water, after which the bird hovers momentarily then plunges feet first with wings raised; a large splash is made as it enters the water. The descent toward their prey may be done in stages, and they may immerse themselves up to a depth of 1 metre. After seizing their target they use heavy wing beats to rise from the water's surface, resuming a regular action with the fish being carried head first toward the shore.

Reporting sightings:

Note date, specific location (GPS would be great), time of observation, weather status, bird activity at the time, whether leg bands are visible, male or female (female has a dark necklace on the chest), single or in a pair, and how long you observed the activity. Platforms will only be installed after verification by trained persons if pairs are actively looking for a nest site in an area and the territory is not habited.

Send information by email to Fran Solly at: fran.solly@yahoo.com.au

She may email you back with further clarification if required.

For further identification notes to assist identification contact the Elliston ECVIC and request further information.

Reference group: C O'Neil, I & D Penna, G. Fieldhouse, I. Quinn (EP Landscape Board), J. Rossi, Co-ordinator S Fieldhouse. Feedback or comments welcome: gally3@bigpond.com



Photos supplied by Fran Solly

COMMUNITY NEWS

CONGRATULATIONS JESS!

At the 2025 Eyre and Far North Local Health Network Shining Stars Awards Ceremony Jess Bascomb won the **Excellence in Nursing Award**.

“Jess is a Community Nurse in Elliston, travelling to multiple sites on the same day to ensure clients are seen in their own homes and avoid hospital presentations. It is not unusual for Jess to cover more than 250 kilometres in a workday. She is a positive, caring, respectful and driven health professional who puts the safety and needs of her clients and community first. Jess is also dedicated to continuous improvement, has become a Burns Link Nurse and Basic Life Support (BLS) Instructor, and also travels around the LHN supporting staff to become compliant with their mandatory BLS training.”



ELLISTON CAMERA CLUB



Nectar delights for honeyeaters

Summertime fruit season

Photos by Sally Fieldhouse



Flinders Island Safe Haven project

Update from the Eyre Peninsula Landscape Board



The restoration of Flinders Island will see it become a safe haven for vulnerable animals.

Islands are an ideal place for conservation projects as they provide natural biosecurity barriers that dramatically reduce the cost to maintain a feral-free environment as well as a high level of ongoing protection against reinvasion.

With the Flinders Island project, the owners are dedicated to creating a haven for threatened species, working with a skilled team to enhance its ecosystem. A conservation agreement will be placed over most of the island, in addition to an existing Heritage Agreement that covers about 250 ha.

In May this year, cats, mice and rats will be eradicated. Once the island is officially declared pest free, threatened species can be introduced and thrive in a predator-free environment.

We invite the community to find out more about the project at our next community information session on March 25, 6-7pm at the Elliston Sports Club.

More details about the project are at www.landscape.sa.gov.au/ep/flinders-island or call into our Elliston office on:

- March 21 from 10am-3pm
- March 26 from 9am-12pm
- April 1 & 2 from 10am-3pm.

This project is jointly funded by the Australian Government, the South Australian Department for Environment and Water and the Eyre Peninsula Landscapes Board in partnership with the Woolford family.

Project contacts:

EP Landscape Board, Gemma Bawden: 0409 849 820

Department for Environment and Water Project Manager, Liz McTaggart: 0437 297 992

Elliston Camera Club
Photo Exhibition

Elliston Hall

From 7 March

The Elliston Camera Club went on a trip to Mt Ives Station and this exhibition showcases their photographs from that visit.

Come in and view their display



COMMUNITY NEWS

Skin Checks

Are you interested in getting a skin check? Mid-Eyre Medical-Elliston is looking to develop a program if they get enough interest from the community.

Please contact them on 8687 9110 to make known your interest.

ELLISTON SPORTS CENTRE AGM

THURSDAY MARCH 6TH
7PM
AT THE ELLISTON SPORTS CENTRE

EVERYONE WELCOME

HAVE YOU THOUGHT ABOUT VOLUNTEERING?

ELLISTON AMBULANCE SERVICE

Did you know your local Ambulance Service is manned by and run entirely by Volunteers?

We would love you to join us in maintaining this vital service here in Elliston.

Come and meet the Team of dedicated volunteers each Thursday night at Training at 7pm. Come for a meet and greet, no obligation.

All training and uniforms supplied, NO out of pocket expenses.

For further Information please call Monika 0428 819 590.

ELLISTON COMMUNITY & VISITOR INFORMATION CENTRE

We are looking for volunteers!

"It is a fascinating place to be as you get to talk with people from all over the world and share with them all the things that you love about here. You feel like you're doing something for the community and it's sure better than sitting alone at home playing with your phone" - Siv (a current volunteer).

We have 3 & 1/2 hour shifts in the morning or afternoon, but can offer more or less.

If you would like to know more details about volunteering please contact Sam on 8687 9200.

ELLISTON BIRD WORKSHOP

APRIL 29



Join us for a fun and informative day learning about some of our local bird species.

TOPICS COVERED

- INTRODUCTION TO BIRD ANATOMY
- GETTING TO KNOW COLOURS & FIELD MARKINGS
- RECOGNISING BIRDS BY HABITS & BEHAVIOURS
- BIRD WATCHING TIPS
 - how to maximise sightings without disturbance
 - learning calls
 - when recorded calls can be used
 - binoculars & spotting scopes
- RECORDING DATA USING BIRDDATA
- BIRD MIGRATION

Morning session in the sports centre, followed by a field session after lunch. Please wear attire suitable for a few hours in the field & bring binoculars.



Tuesday, April 29
9am - 4pm



Elliston Sports Centre,
4-6 Memorial Drive



Free event but must RSVP. Tea, coffee & lunch provided.

RSVP TO:

Landscape Officer, Ian Quinn

✉ ian.quinn@sa.gov.au

☎ 0427 261 793

LOCAL BUSINESS NEWS & UPDATES

CATHOLIC CHURCH AT ELLISTON

MARCH 2025

Sunday 2nd	11am
Saturday 8th	9am
Sunday 16th	11am
Saturday 22nd	9am
Sunday 30th	11am

CHILDREN'S ACTIVITIES

Keep your eye out on the ECVIC socials for up and coming children's activities.



ELLISTON MEN'S SHED

Open for morning chat, tea and coffee.
9-11am Monday, Tuesday, Wednesday
and Thursday.

Also available at the shed:



- Key Cutting Service
- Knife and Scissor Sharpening

The Men's Shed Group meets for committee meetings on the second Thursday of the month at 9.30am. **ALL WELCOME**

ELLISTON CWA

Next Meeting of Elliston SACWA is on
Thursday 6th March - 10.30am cuppa for 11am
start.

NB: change of date for this month.

All welcome.



ELLISTON COMMUNITY HEALTH CENTRE OPENING HOURS

Monday to Friday

08.30AM – 04.30PM.

PHONE: 08 8687 9012

FAX: 08 8687 9341

ALLIED HEALTH CLINIC DATES

Social Work – 12th Mar 25
Physiotherapy – 24th Mar 25
Podiatry – 24th Mar 25
OT – 25th Mar 25
Dietetics – 25th Mar 25
Speech Therapy – 25th Mar 25

*Urgent referrals maybe reviewed via telehealth or phone

To get a referral for an appointment contact

Ayunda – Mon to Fri

08.30AM – 04.30PM

08 8687 9012

COMMUNITY NURSE

Elliston, Wudinna and Lock

JESS BASCOMB

Phone: 0428576670

Monday to Friday

8.00AM – 4.30PM

DIABETES EDUCATOR

ASHLEE STRINGER

Mon and Tues 8.30AM -3.00PM

THUR 8.30AM – 5.00PM

MID EYRE MEDICAL OPENING HOURS

Monday to Wednesday

(by appointment)

09.00AM – 05.00PM

PHONE: 08 8687 9110

FAX: 08 8687 9318

ADDITIONAL INFO

- Eyre Eye Centre visiting Elliston - 5th March, 4th June, 10th Sept.

WHAT'S ON THIS MONTH

MARCH CALENDAR

Mon

Tue

Wed

Thu

Fri

Sat

Sun

<p>31 RED BINS</p>					<p>1 Elliston Transfer Station 10am-12noon</p>	<p>2 Catholic Church 11am 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>3 RED BINS</p>	<p>4</p>	<p>5 Elliston Transfer Station 10am-12noon</p>	<p>6 CWA meeting 10.30am Elliston Sports Centre AGM 7pm</p>	<p>7 YELLOW BINS Elliston Camera Club display in Elliston Hall from today</p>	<p>8 Catholic Church 9am</p>	<p>9 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>10 RED BINS</p>	<p>11</p>	<p>12 Elliston Transfer Station 10am-12noon</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16 Catholic Church 11am 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>17 RED BINS</p>	<p>18 Council Meeting</p>	<p>19 Elliston Transfer Station 10am-12noon</p>	<p>20</p>	<p>21 YELLOW BINS</p>	<p>22 Catholic Church 9am</p>	<p>23 10c bottle Recycling Elliston Caravan Park 11am-5pm</p>
<p>24 RED BINS Boat Licence Course 5:30pm</p>	<p>25 Flinders Island Safe Haven Community Info Session 6-7pm</p>	<p>26 Elliston Transfer Station 10am-12noon</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30 Catholic Church 9am</p>

Northern Eyre Health Care HEALTHCARE NEWSLETTER

MONTHLY NEWSLETTER

MARCH 2025



Northern Eyre Peninsula Health Alliance's
Deb Larwood and Dean Johnson.



A MESSAGE FROM YOUR COUNCILS

The Northern Eyre Peninsula Health Alliance, whose membership includes the District Councils of Streaky Bay, Elliston, Wudinna, Kimba, Cleve, and Franklin Harbour, proudly present this monthly round-up of healthcare services for the region. It is an outcome of the Northern Eyre Health Care project, currently running until 2027.



INSIDE THIS ISSUE

- **LOCUM DOCTORS ROSTER - MARCH**
- **WHAT IS HEALTHDIRECT?**

LET'S TALK ABOUT HEALTHCARE

with the Northern Eyre Health Care project

The Northern Eyre Health Care project team is currently visiting the region to consult with key stakeholders and community members to learn more about healthcare services in the region.

Read about the project and complete a survey the website:
<https://yoursay.sa.gov.au/hub-page/northern-eyre-health-care>
Or pick up a hard copy survey at your local Council office or medical practice.



UPCOMING EVENTS

WUDINNA

Friday 7 March
10am - 1pm
Listening Post
outside Foodland

CLEVE

Thursday 12 March
10am - 1pm
Listening Post
outside Foodland

STREAKY BAY

Saturday 22 March
10am - 1pm
Listening Post
outside Foodland

Website: yoursay.sa.gov.au/northern-eyre-health-care

Email: health.northerneyrehc@sa.gov.au

Phone: 0481 464 525



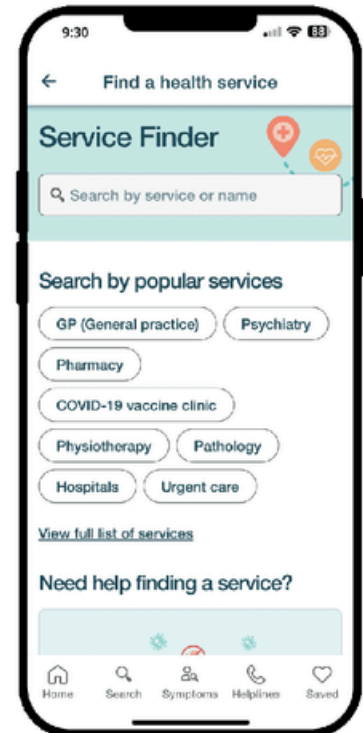
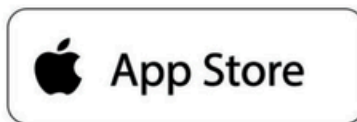
Northern Eyre Health Care

SERVICE SPOTLIGHT: healthdirect

healthdirect is a free national healthcare advice and information service.

You can access it via the website, the app on your smart phone, or by calling directly.

- Phone: 1800 022 222 (24/7)
- Web address: www.healthdirect.gov.au
- Phone app from: Google Play or Apple Store



healthdirect Symptom Checker

Online at healthdirect.gov.au or download on your phone from your app store (Google Play or Apple App Store). Answer questions about your symptoms for advice on next steps

healthdirect helpline

Call 1800 022 222 and talk to a Registered Nurse for health advice. Call any time of the day or night.

healthdirect Service Finder

Online or on the app, enter your location for filtered results on healthcare services available near you.

healthdirect Health Information

Online or on the app, find trusted health information on conditions, symptoms, procedures, life stages and other topics.

Northern Eyre Health Care Locum doctor roster – March 2025 Cleve • Cowell • Elliston

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLEVE • Dr Udalamatta COWELL • Dr Kada ELLISTON • Dr Hiley	4 CLEVE • Dr Udalamatta COWELL • Dr Kada ELLISTON • Dr Hiley	5 CLEVE • Dr Udalamatta COWELL • Dr Kada ELLISTON • Dr Hiley	6 CLEVE • Dr Hiley, Dr Udalamatta COWELL • Dr Kada ELLISTON • no clinic	7 CLEVE • Dr Hiley, Dr Udalamatta COWELL • Dr Kada ELLISTON • no clinic
10 Public holiday On call only	11 CLEVE • Dr Udalamatta COWELL • Dr Kada ELLISTON • TBC	12 CLEVE • Dr Udalamatta COWELL • Dr Kada ELLISTON • TBC	13 CLEVE • Dr Udalamatta COWELL • Dr Kada ELLISTON • no clinic	14 CLEVE • Dr Udalamatta COWELL • Dr Kada ELLISTON • no clinic
17 CLEVE • Dr Olutayo COWELL • Dr Udalamatta ELLISTON • Dr Marousse	18 CLEVE • Dr Olutayo COWELL • Dr Udalamatta ELLISTON • Dr Marousse	19 CLEVE • Dr Olutayo COWELL • Dr Udalamatta ELLISTON • Dr Marousse	20 CLEVE • Dr Olutayo Dr Marousse COWELL • Dr Udalamatta ELLISTON • no clinic	21 CLEVE • Dr Olutayo, Dr Marousse COWELL • Dr Udalamatta ELLISTON • no clinic
24 CLEVE • TBC COWELL • Dr Kada ELLISTON • Dr Marousse	25 CLEVE • TBC COWELL • Dr Kada ELLISTON • Dr Marousse	26 CLEVE • TBC COWELL • Dr Kada ELLISTON • Dr Marousse	27 CLEVE • Dr Marousse COWELL • Dr Kada ELLISTON • no clinic	28 CLEVE • Dr Marousse COWELL • Dr Kada ELLISTON • no clinic

Returning in April: Dr McManus, Dr Sorenson, Dr Marousse, Dr Clarke, Dr Mukwevho, Dr Kada, Dr Udalamatta

Northern Eyre Health Care Locum doctor roster – March 2025 **Kimba • Streaky Bay**

Monday	Tuesday	Wednesday	Thursday	Friday
3 KIMBA • Dr Mukwevho STREAKY BAY • Dr Soteriou	4 KIMBA • Dr Mukwevho STREAKY BAY • Dr Soteriou	5 KIMBA • Dr Mukwevho STREAKY BAY • Dr Soteriou	6 KIMBA • Dr Mukwevho STREAKY BAY • Dr Soteriou	7 KIMBA • Dr Mukwevho STREAKY BAY • Dr Soteriou
10 Public holiday On call only	11 KIMBA • Dr Mukwevho STREAKY BAY • Dr Ross	12 KIMBA • Dr Mukwevho STREAKY BAY • Dr Ross	13 KIMBA • Dr Mukwevho STREAKY BAY • Dr Ross	14 KIMBA • Dr Mukwevho STREAKY BAY • Dr Ross
17 KIMBA • Dr Estrada STREAKY BAY • Dr Kada	18 KIMBA • Dr Estrada STREAKY BAY • Dr Kada	19 KIMBA • Dr Estrada STREAKY BAY • Dr Kada	20 KIMBA • Dr Estrada STREAKY BAY • Dr Kada	21 KIMBA • Dr Estrada STREAKY BAY • Dr Kada
24 KIMBA • Dr Estrada STREAKY BAY • Dr Olutayo	25 KIMBA • Dr Estrada STREAKY BAY • Dr Olutayo	26 KIMBA • Dr Estrada STREAKY BAY • Dr Olutayo	27 KIMBA • Dr Estrada STREAKY BAY • Dr Olutayo	28 KIMBA • Dr Estrada STREAKY BAY • Dr Olutayo

Returning in April: Dr Olutayo, Dr Kada, Dr Le Leivre, Dr Inwang, Dr Dang, Dr Viki